

# SAFETY TIP OF THE WEEK

## ZERO HARM

### Winter Storms

- The hazards of winter storms are dramatic: wind-driven snow that makes it impossible to see, creates large drifts and lowers the wind chill.
- Blizzards and ice storms can knock down trees, utility poles and power lines. Even small amounts of ice are extremely hazardous to motorists and pedestrians.
- If you are stuck in a storm and are exposed to cold for an extended period, frostbite or hypothermia is possible and can be life-threatening.
- Advisories are issued by the National Weather Service (NWS) when the public should be alerted to possible storms. A winter storm watch is issued when severe winter conditions are possible within the next 12 to 48 hours. The NWS issues a winter storm warning when severe winter weather conditions are occurring or expected to occur within a few hours.
- Take action before a winter storm strikes..
- "Winterize" your car with fresh antifreeze and a strong battery. Use snow tires. Keep a winter survival kit in your car.
- During a storm, listen to NOAA weather radio, local radio or television for the latest weather reports and emergency information.
- If you must be outside, wear plenty of layers of clothing. Don't over-exert yourself. Make sure you wear a hat, because the largest amount of body heat is lost through the top of the head.
- If you get stranded in your car, stay with it until help arrives. Do not try to walk for help during a blizzard.